

Spotting A Cocaine Addiction



While there is no one sign that can confirm your suspicions, there are a few characteristics of cocaine addicts that, when presented together, may be indicative of cocaine addiction.

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#1. Weight Loss

- *Cocaine acts both as a stimulant and an appetite suppressor. This means that, when consumed, cocaine will make a person more active and less hungry.*
- *Over time, these effects from cocaine addiction can cause some pretty substantial weight loss.*
- *Unless you can attribute this weight loss to an aggressive fitness plan, this unhealthy weight loss may be an indicator of cocaine addiction.*

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#2. Insomnia

- *Because cocaine is a stimulant it often results in insomnia and hyperactivity.*
- *Cocaine addicts will typically have unusual sleep habits or behaviors, such as staying out all night or sleeping during odd hours.*
- *If you're suspicious that a friend or loved one may be using cocaine, be wary of the reasons they provide for being out late or exhibiting strange sleep cycles*

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#3. Financial Problems

- *Cocaine isn't cheap, and an addict will have to dish out quite a bit of money to keep up with their habit.*
- *Friends and loved ones are often the first place an addict will go for financial support- whether they're asking for money or simply taking it.*
- *Take note of any trends of financial hardship which you are having a hard time understanding.*

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#4. Odd Behaviors

- *Cocaine addicts will often be irritable, jumpy, anxious and paranoid.*
- *Over time, continued use of cocaine will intensify these behaviors, especially if the addict is experiencing a craving.*
- *Be mindful of these changes in behaviors and be cautious, as mood swings may also include rage and violent outbursts.*

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#5. Other Signs and Evidence

- *Generally, cocaine addicts will exhibit other physical signs that you should be on the lookout for such as:*

Dilated pupils

Persistent runny nose

Tremors or muscle twitches

Irregular heartbeat

Frequent nosebleeds

Sudden weight loss

Burn marks on the hands and lips

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If you've noticed continuous patterns similar to those we described, there's a chance that someone you're close to may be struggling with cocaine addiction.

Don't wait to take action.

The sooner you can intervene, the sooner they can begin working toward recovery and a healthier life.

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Article Sources:

For more tips for identifying the signs of cocaine addiction and what to do to help a loved one to seek treatment check out the below sources:

[*Spotting A Cocaine Addiction*](#)

[*Cocaine Addiction Treatment*](#)



Ready to get sober? Let's make it happen.