

# Spotting A Cocaine Addiction



*While there is no one sign that can confirm your suspicions, there are a few characteristics of cocaine addicts that, when presented together, may be indicative of cocaine addiction.*

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## #1. Weight Loss

- *Cocaine acts both as a stimulant and an appetite suppressor. This means that, when consumed, cocaine will make a person more active and less hungry.*
- *Over time, these effects from cocaine addiction can cause some pretty substantial weight loss.*
- *Unless you can attribute this weight loss to an aggressive fitness plan, this unhealthy weight loss may be an indicator of cocaine addiction.*

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## #2. Insomnia

- *Because cocaine is a stimulant it often results in insomnia and hyperactivity.*
- *Cocaine addicts will typically have unusual sleep habits or behaviors, such as staying out all night or sleeping during odd hours.*
- *If you're suspicious that a friend or loved one may be using cocaine, be wary of the reasons they provide for being out late or exhibiting strange sleep cycles*

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## #3. Financial Problems

- *Cocaine isn't cheap, and an addict will have to dish out quite a bit of money to keep up with their habit.*
- *Friends and loved ones are often the first place an addict will go for financial support- whether they're asking for money or simply taking it.*
- *Take note of any trends of financial hardship which you are having a hard time understanding.*

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## #4. Odd Behaviors

- *Cocaine addicts will often be irritable, jumpy, anxious and paranoid.*
- *Over time, continued use of cocaine will intensify these behaviors, especially if the addict is experiencing a craving.*
- *Be mindful of these changes in behaviors and be cautious, as mood swings may also include rage and violent outbursts.*

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## #5. Other Signs and Evidence

- *Generally, cocaine addicts will exhibit other physical signs that you should be on the lookout for such as:*

*Dilated pupils*

*Persistent runny nose*

*Tremors or muscle twitches*

*Irregular heartbeat*

*Frequent nosebleeds*

*Sudden weight loss*

*Burn marks on the hands and lips*

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*If you've noticed continuous patterns similar to those we described, there's a chance that someone you're close to may be struggling with cocaine addiction.*

**Don't wait to take action.**

*The sooner you can intervene, the sooner they can begin working toward recovery and a healthier life.*

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## Article Sources:

*For more tips for identifying the signs of cocaine addiction and what to do to help a loved one to seek treatment check out the below sources:*

[\*Spotting A Cocaine Addiction\*](#)

[\*Cocaine Addiction Treatment\*](#)





**Ready to get sober? Let's make it happen.**